



Ride for Rainbows 2018

Club Rainbow's Seventh Edition Annual Night Cycling event

The seventh edition of Ride for Rainbows were off to a roaring start on the stroke of midnight on 22 April, Sunday from 18 @ Tai Seng with. This year, individual participants chose from two categories; Rolling 15 (60km), Roaring 25 (107km), and companies took up the Corporate Challenge with the option of either route for up to 4 participants per group.

Riders' energy was pumped up with a pre ride warm up session hosted by Yoga Seeds and a delicious spread of refreshments generously sponsored by our partners. A token of appreciation was presented to the Top 10 Fundraising Riders and sponsors, with Ezzy Wang clinching the title of Master Fundraising Rider and raising more than \$94,000 that evening. Interestingly, we also welcomed our very first Hong Kong riders, Miss Annie Chung and Janet Ho who flew in to do their part for the kids!

Close to 200 riders; including television artiste Ben Yeo and media personality Gurmit Singh, were flagged off by Mr Gregory Vijayendran - our former president of more than twenty years.

When dawn broke, a post-ride massage and a breakfast spread awaited the riders to soothe their tired muscles and replenish their energy, completing our aim to create a wholesome riders' experience. The event wrapped up with more than \$414,000 raised and is currently on-going till 31st May 2018.

Club Rainbow (Singapore) shows great appreciation and gratitude to all fundraising riders, donors, sponsors, volunteers and staff for making this seventh edition of Ride for Rainbows yet, another successful event.

We look forward to riding with you next year!

Ride for Rainbows 2018 Committee,

Club Rainbow (Singapore)





"MY AIM IS TO HELP THE CHILDREN"

EZZY WANG
MASTER FUNDRAISER
YEAR 2015 & 2018

We speak to Mr. Ezzy Wang, our two times Master Fundraising Rider who raised a total donation amount of more than \$100,000 this year

1. You were a Master Fund Raiser back in year 2015 and this year again. How does it feel to hold the title twice?

I'm very honored and blessed to be supported by so many of my donors. My aim has never to be the top donor, but to help the needy children as I have a soft spot for them and I will not hesitate to go all the way out to help them.

2. You have participated in Ride for Rainbows as a fund raising cyclist several times, what brings you back year after year?

This event has created a very convenient platform for participants to appeal for donations. Children has a long time horizon, these children with chronic illnesses need a lot of able bodied support in terms of monetary to pay off their medical bills and to lead a life with dignity and pride. One day, it could be our loved ones, we never know. We should have a heart for these younger children.

3. We all know to complete the 107 km cycling route is not an easy feat. What is your training routine?

Cycling has been in my blood since 2010. We have been cycling regularly so it is already like a training regime. Cycling and raising funds for the children is just wonderful!

4. Any words of encouragement for our kids?

Children, you won't live alone. You will have a lot of uncles and aunties behind you to give you our fullest support. Just focus on living on with pride and dignity. Go for your therapy if you need to. We love and support you!

"GENEROSITY KNOWS NO BOUNDARIES"

ANNIE CHUNG & JANET HO, HONG KONG

1. How did you learn about Ride for Rainbows and what inspired you both to join this ride despite being located overseas?

A: I first knew about the event through a radio station (Power 98) last year and I wanted to join but unfortunately missed the deadline. I knew I need to be part of this fund raising event so I have always kept it at the back of my mind. When I learnt about the event this year, I registered without any hesitation and got my good friend, Janet, an ultra-marathon runner to join me for my first overseas cycling event!

J: I followed Annie here! And am very happy to be part of this meaningful event.

2. Annie, you have made it into our Top 10 Fundraising Riders and the support you have received is overwhelming! How do you feel about this?

A: I feel very excited and overwhelmed! I am a Physiotherapist back home and I have rallied support through my patients for children who need it.

3. Riding the 107km is a challenging distance, what motivated you to complete the ride?

A: We have to! Our mission is to help the children with chronic illness, isn't it?

4. We all know to complete the 107km cycling route is not an easy feat, what is your training routine?

A: I cycle once every week on Sunday and my longest cycling distance covered is 75KM so far. Today, I will be challenging to break my own record.

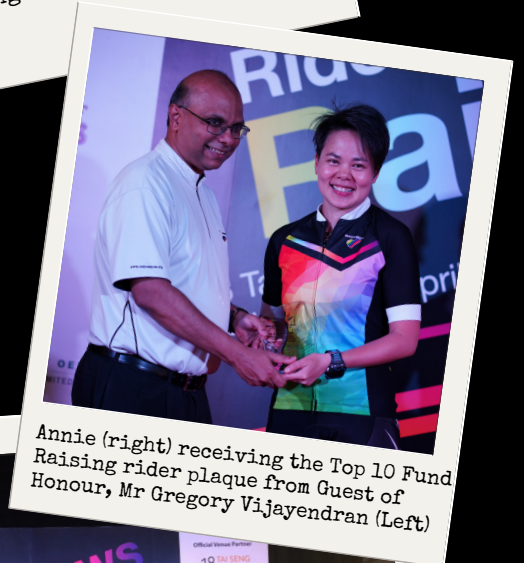
5. Any words of encouragement for our kids?

A: : Keep Living! It's a beautiful life. No matter how much pain you are going through, tomorrow is always a better day. To the children and families, I very much want to help and there are no boundaries within anyone of us.

J: Keep smiling, there will always be a better tomorrow!



Annie Chung (Left) and Janet Ho (Right)



Annie (right) receiving the Top 10 Fundraising rider plaque from Guest of Honour, Mr Gregory Vijayendran (Left)



Janet (far left), Annie (3rd from the right), Jerome Yuen (Executive Director, Club Rainbow), Justin Lee (Current beneficiary)

"MY KIDS ARE MY SOURCE OF MOTIVATION"

BEN YEO, MEDIACORP ARTISTE

1. What motivated you to take part in Ride for Rainbows?

My objective is to prove to my boys that no matter what problems or obstacles we face, we should not give up easily.

2. We all know that you love mountain biking but have not been cycling regularly. With your hectic schedule, how did you prepare yourself for the ride?

I was not physically prepared because I only managed to have five training sessions before the actual day and it was not sufficient. However, i believe i am mentally prepared, especially with the thought of the children who are battling with their illness everyday. This grueling 60km is nothing compared to what they are going through and I was glad I completed the ride!

3. Would you be able to give a few words of encouragement to our beneficiaries and their families?

I admire your determination! Keep fighting!

4. Lastly, what do you wish to tell all your supporters?

Thank you for your donation and support! I hope you can join us in supporting the children through this meaningful event next year!

The donation portal will remain open till 31st May, play your part today!



Ben Yeo, before his 60km ride



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